



You're Invited to the.....

PCUMC Turkey Trot!

~Thanksgiving morning ~
Thursday, November 24th
9 am – 10am
Coleman Middle School Track
(Estrella Street)

Bring your walking/running shoes, bikes, scooters, skate boards, roller blades or baby strollers to cruise around the Coleman track. Children of ALL ages invited! What a great way (exercise) to take care of the body that God blessed us with and get a jump on burning the extra calories we plan to eat later in the day! ☺

Clean out your closets

Your Turkey Trot “entry fee” is a donation of gently used clothing, shoes, blankets, household items, school supplies or toys for Rock Solid to distribute during our Migrant Farm Worker Ministry at Christmas time. Watch your emails and church bulletins for more details!

All are invited to this wonderful ministry as well!

Invite your friends and family... everyone is welcome! If you have a PCUMC T-shirt, wear it! You'll enjoy motivational Christian music to keep our bodies moving. Bring your water bottles!

Please note: Bathrooms will not be available!

*Not what we say about our blessings,
but how we use them,
is the true meaning of our Thanksgiving.*

Hosted by Rock Solid

The Rock Solid mission is to provide opportunities for Christian growth in elementary aged students in 3rd, 4th and 5th grades through engaging activities, fellowship, mission projects and education. Please contact Francissca Alvarado, at afalvarado4@yahoo.com if your child is interested in becoming involved with our Rock Solid group. ©